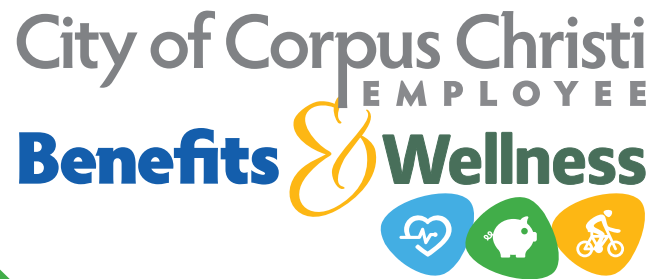


GENERAL EMPLOYEES



2022-2023 Benefits Guide

**HELPING YOU REACH
YOUR POTENTIAL**



**FOR BENEFITS EFFECTIVE OCTOBER 1, 2022
THROUGH SEPTEMBER 30, 2023.**



WELCOME

The City of Corpus Christi wants you and your family to be happy, healthy and secure. That's why we offer a benefits program that is designed to help you achieve your physical, financial and work-life potential. We are committed to providing you with tools and resources to help you maximize your benefits, including this Benefits Guide. Please review it carefully for highlights of our benefits and discuss your options with your family.

For more details on your benefits, important documents and to enroll in coverage, please explore our Employee Benefits website at **benefitscc.org**.

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INTRODUCING ALEX®, YOUR BENEFITS COUNSELOR

ALEX provides personalized, confidential benefits guidance on any computer, tablet or smartphone. Before you make your enrollment decisions, let ALEX help you find the plans that make the most sense for you and your family.

Get personalized, confidential benefits guidance on any device at myalex.com/corpuschristi/2023.



Getting Started

ELIGIBILITY

Full-time employees in a regularly budgeted position routinely assigned to work 40 hours per week, excluding temporary employees, are eligible for benefits. Eligible dependents include your spouse/common-law spouse and dependent children up to age 26, including biological children, stepchildren, adopted children or foster children. Please note that a child may not be insured in medical, dental or vision coverage by more than one member.

IMPORTANT INFORMATION

- Our plan year is October 1 through September 30.
- Benefits are effective on your date of hire. You will be automatically enrolled in basic life coverage, long-term disability plan 1 and the Texas Municipal Retirement System. To add benefits for yourself or your dependents, complete the enrollment form within 30 days of your date of hire.
- Elections you make when first becoming eligible or during Open Enrollment will remain in effect until our next Open Enrollment period. In addition, if you decline coverage for yourself and/or your dependent(s) when first becoming eligible, you must wait until the next Open Enrollment period to enroll. However, if you experience a qualified life event (see below) during the year, you may make changes to your elections at that time by completing a benefits change form.

QUALIFIED LIFE EVENTS

If you experience a qualified life event during the year, you may make changes to your elections within 30 days of the event by submitting a completed enrollment change form to **employeebenefits@cctexas.com**. Qualified life events may include the birth or adoption of a child, marriage, divorce, death of a dependent or a change in you or your spouse's work status that affects your benefits or a dependent's loss of eligibility.

It is your responsibility to make changes to your benefit elections by contacting the Benefits Office at Human Resources at (361) 826-3300 (option 2) within 30 days of the event. If you fail to do so, you will not be able to enroll or make changes until the next Open Enrollment period. Requested changes to your benefit plan must be on account of and consistent with the nature of the qualifying event.

"ASK ALEX" DECISION-SUPPORT TOOL

ALEX is a private and confidential online tool that can help you select the best benefit plan for you and your family. Simply answer a few questions and ALEX will provide a personalized recommendation. Visit **myalex.com/corpuschristi/2023** and make a selection from the top menu to get started.

Open Enrollment

HOW TO ENROLL

- Go to **benefitscc.org** and choose "Employee Self-Service" in the top menu
- Click on "Hi, I'm ALEX" for individualized help in choosing your benefits
- When you're ready to enroll, select "Click Here" under "infor EMPLOYEE SELF SERVICE"
- Log in – for password assistance, call (361) 826-3766
- Follow the on-screen instructions

DEPENDENT ELIGIBILITY VERIFICATION

During Open Enrollment, if you want to add a dependent who is not currently covered on any City insurance plans, please submit a completed Dependent Add form with the required dependent eligibility documentation by September 1. New hires are required to provide documentation on hire date. Required documentation includes:

- **For Spouse/Common-Law Spouse**
 - » A copy of your spouse's/common-law spouse's Social Security card
 - » A copy of your marriage license, registered civil union documentation or Affidavit of Common Law Marriage
- **For Dependent Child(ren) Up to Age 26:**
 - » A copy of the child's Social Security card
 - » A copy of the child's birth certificate or hospital birth record
 - » A copy of the adoption certificate
 - » A copy of a court order guardianship document
 - » A copy of a Qualified Medical Child Support Order
 - » A copy of the Affidavit of Dependent Tax Qualifications

Any required documentation should be delivered to Human Resources – Benefits at 1201 Leopard Street, faxed to (361) 844-1730 or emailed to **EmployeeBenefits@cctexas.com** (please note: the email address is not secure). Should you have any questions, please call (361) 826-3300 (option 2).

SCAN HERE FOR
"ASK ALEX"



HEALTH



WHICH PLAN IS RIGHT FOR ME?

Alex, your interactive benefits counselor, can help you decide!



MEDICAL COVERAGE Blue Cross Blue Shield of Texas (BCBSTX)

The City offers two medical plans: Citicare Value and Citicare Consumer Driven Health Plan (CDHP). Both plans give you the freedom to select your health care providers from the BlueCross BlueShield preferred provider network. Citicare Value is a PPO plan, which means that many services can be obtained with a copay. Citicare CDHP is a high-deductible health plan with a health savings account (HSA). The grids on these pages contain plan summaries; for complete coverage details, please refer to the plan documents posted online at benefitscc.org/medicalinsurance.

Plan Feature	Citicare Value		Citicare Consumer-Driven Health Plan	
	In-Network	Out-of-Network	In-Network	Out-of-Network
Annual Deductible, Out-of-Pocket Maximum and HSA Contributions (individual/family)				
Deductible	\$1,500/\$3,000	\$7,000/\$14,000	\$3,000/\$6,000	\$5,400/\$10,800
Out-of-Pocket Max.	\$4,250/\$8,500	\$14,300/\$30,000	\$3,000/\$6,000	\$15,000/\$30,000
City HSA Contribution	N/A		\$1,300/\$2,600 (pro-rated for new hires)	
Services				
Annual Well Visit (preventive)	You pay \$0	You pay deductible, then 50%	You pay \$0	You pay deductible, then 50%
Primary Care Physician Office Visit	You pay \$20 copay	You pay deductible, then 50%	You pay deductible, then 0%	You pay deductible, then 50%
MDLIVE Virtual Visit (medical or counseling)	You pay \$10 copay	N/A	You pay \$10 copay*	N/A
Employee Wellness Clinic (see page 7)	You pay \$0	N/A	You pay \$20 plus \$15 if labs are needed**	N/A
CVS MinuteClinic	You pay \$15 copay	N/A	You pay deductible, then 0%	You pay deductible, then 50%
Specialist Office Visit	You pay \$65 copay	You pay deductible, then 50%	You pay deductible, then 0%	You pay deductible, then 50%
Basic Lab & Radiology	You pay 20%	You pay deductible, then 50%	You pay deductible, then 0%	You pay deductible, then 50%
Major Lab & Radiology (MRI/CT/PET)	You pay deductible, then 20%	You pay deductible, then 50%	You pay deductible, then 0%	You pay deductible, then 50%
Urgent Care Visit	You pay \$75 copay	You pay deductible, then 50%	You pay deductible, then 0%	You pay deductible, then 50%
Emergency Room Visit	You pay deductible, then 20%	You pay deductible then 20% or 50%***	You pay deductible, then 0%	You pay deductible, then 20% or 50%***
In-Patient Hospital Services	You pay deductible, then 20%	You pay deductible, then 50%	You pay deductible, then 0%	You pay deductible, then 50%

* While permitted under federal law. When law expires, you pay deductible, then 0%.

** Clinic fees do not apply toward deductibles or out-of-pocket maximums.

*** If not life-threatening.

PRESCRIPTION DRUG COVERAGE CVS Caremark

Plan Feature	Citicare Value	Citicare Consumer-Driven Health Plan
Prescription Drugs	(30* / 90-day copays)	(30* / 90-day copays)
Advanced Control Formulary	See copays below	You pay deductible, then 0%
Preventive Formulary		
• Generic	\$10 / \$20	\$10 / \$20 ¹
• Preferred Brand	\$20 / \$40	\$20 ¹ / \$40 ¹
• Non-Preferred Brand	\$40 / \$80	\$40 ¹ / \$80 ¹
• Specialty	\$100 ²	Deductible, then 0% ²

*Mandatory 90-day fills at a CVS retail pharmacy or through the CVS mail order program after original fill, plus two courtesy fills.

¹For non-preventative medications, you pay the deductible, then 0%. ²Specialty medications are only available in 30-day supplies.

BIWEEKLY MEDICAL RATES

Coverage	Employee Only	Employee & Spouse	Employee & Child(ren)	Employee & Family
Citicare Value	\$65.74	\$266.69	\$218.20	\$375.80
Citicare CDHP	\$20.00	\$135.68	\$111.01	\$191.20

Wellness Program

Earning your wellness incentive is as easy as... 1, 2, 3!

To help support your overall wellness, we offer a health insurance premium discount of **\$20 per pay period**. That means if you meet all the requirements, you'll earn a discount of \$520 for the year! Keep reading on the following pages to learn more information about the apps and programs that are available to help you reach your goals.

Here's how to earn that discount between **July 1, 2022, and June 30, 2023**:

1

GET AN ANNUAL WELLNESS EXAM

You can get your exam from any of the following:

- Your personal physician
- The Employee Health & Wellness Center
- Catapult biometric screening event

2

TAKE THE BCBS HEALTH ASSESSMENT

Follow these instructions:

- On your computer, log on to **BCBSTX.com**
- On the top menu, select Wellness, then **Well onTarget**
- At the main menu, select Health Assessment

Or...

- From your mobile device, open the BCBS app and click on **Well onTarget**

3

EARN 30 WELLNESS POINTS

Earn 10 points in each of three wellness buckets by completing qualifying activities. Each activity is worth 10 points, and only 10 points from each bucket can be applied toward your incentive. For more information on qualifying activities, see **page 6**.

Note: Your spouse can also earn a premium discount of \$20 per pay period by completing only steps 1 and 2 above. They do not need to earn wellness points.

IMPORTANT

Premium discounts will be applied from October 1, 2023, to September 30, 2024.

New employees hired mid-year have pro-rated wellness point requirements, based on date of hire:

- **July 1 - October 31:** 30 points
- **November 1 - February 28:** 20 points
- **March 1 - May 31:** 10 points
- **June 1 - June 30:** no points are required



Earn 30 Wellness Points

PHYSICAL HEALTH (10 POINTS EACH)

- Exercise using the Corporate Fitness Works CFW platform for 60 cumulative minutes
- Earn 10 Noom coins on the Noom Weight App
- Walk 25 miles in the Walk Across Texas! program
- Walk in the American Heart Association's HeartWalk event
- Run/walk on a City Team in the Beach 2 Bay event
- Complete the BCBS self-paced Preventative Health: Reducing Your Risk program through [Well onTarget](#)



FINANCIAL HEALTH (10 POINTS EACH)

- Attend one 50-minute FinPath Webinar
- One hour of engagement with FinPath tools
- Attend one of the financial wellness seminars hosted by Human Resources. Subjects include demolishing debt, finding financial freedom, saving for retirement and investing. Seminars will be announced through emails from Wellness@cctexas.com
- Complete the BCBS six-week Financial Fit program through [Well onTarget](#)



EMOTIONAL HEALTH (10 POINTS EACH)

- Attend one Family Counseling Services webinar announced through emails from Wellness@cctexas.com
- Attend the Emotional Intelligence class hosted by Human Resource, Organizational Development Division
- Attend Mental Health First Aid hosted by Human Resources, Organizational Development Division
- Attend Personal Mastery: Leadership of Self hosted by Human Resources, Organizational Development Division
- Complete the BCBS six-week Managing Stress program through [Well onTarget](#)



Other activities may be announced throughout the year via email from Wellness@cctexas.com.

Wellness Program

Wellness Tools & Resources

EMPLOYEE HEALTH & WELLNESS CLINIC

The City offers its employees an Employee Health & Wellness Clinic, conveniently located on the first floor of City Hall by the main entrance. Employees, retirees and dependents age two and up who are enrolled in the Citicare Value Plan may visit the clinic at no charge. All other regular full-time employees and their dependents can access the clinic for a \$20 fee, plus \$15 for labs.

The Clinic's nurse practitioners can provide annual preventative wellness and well-woman exams, but they can do so much more! They can diagnose and treat common illnesses such as allergies, ear infections, strep throat and the flu. You and your dependents ages two and up can even utilize the Clinic as your primary health care provider to manage chronic conditions like diabetes, hypertension and high cholesterol.

The clinic is on the first floor of City Hall and is open Monday through Friday, from 8 a.m. to 5 p.m. Call (361) 826-3333 to schedule an appointment.



CATAPULT BIOMETRIC SCREENINGS

It is best to receive your preventative wellness exams from your doctor or the City Health & Wellness Clinic, but the City will also sponsor biometric screening events. Catapult nurse practitioners can provide the required annual wellness prevention visit during an on-site City event.

FAMILY COUNSELING SERVICE

Our Employee Assistance Program, provided by Family Counseling Service, is available to all employees, their spouses and their dependent children. The City pays for up to three confidential counseling visits per family per fiscal year, for issues related to work, relationships, abuse, depression/anxiety, grief/loss and alcohol/drug dependency.

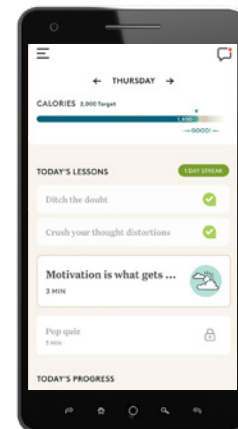


To schedule an appointment, call (361) 852-9665, Option 3, or email appointments@fcsccb.org.

Family Counseling also provides monthly webinars on a variety of relevant mental health and relationship topics. Attending one webinar will fulfill your 10-point Emotional Health annual requirement for the Wellness Incentive Program.

NOOM WEIGHT APP

Noom uses science and personalization to help you lose weight and keep it off for good. They'll help you better understand your relationship with food, how to be more mindful of your habits, and give you the knowledge and support you need for long-lasting change. When you sign up for Noom, you'll receive daily bite-sized lessons that are backed by the latest in psychology and behavioral science. Their personalized courses are fun, easy to follow, and will help you build up your confidence with tools you can put into practice on day one.



- **You're The Boss:** You decide how Noom fits into your life. How much time you want to spend on the app is up to you. They won't tell you what you can or can't eat either, because they don't believe in "good" or "bad" foods. Instead, they'll give you the knowledge and wisdom you need to make informed choices that fit your lifestyle.
- **Daily Lessons On Your Terms:** Personalized lessons help you gain confidence with practical knowledge you can employ right away. How much time you spend on each lesson is up to you, so you can easily fit Noom into your schedule.
- **Get Motivated:** With one-on-one coaching, support groups, and SOS plans, you can choose the kind of support you need to keep going.
- **At Your Speed, Progress Over Perfection:** NOOM tracking tools for food, exercise, and more are designed to empower you to hit your goals at a pace that's comfortable for you.

Weight logging, food and water tracking, step counting — Noom's tools are designed to empower you to achieve your goals and keep you in charge of your own progress. Because the process of losing weight is full of ups and downs, we believe everyone should be able to hit their personal goals at a pace that's right for them.

Noom enrollment is open year-round to employees covered on the City's health insurance plan.

Wellness Program

Exciting New Offerings



FINPATH FINANCIAL WELLNESS

With FinPath, everyone has access to 1:1 financial coaches and powerful tools to help move from surviving to thriving. Money management doesn't require a lot of money... it just involves a little extra planning. FinPath enrollment is open year-round to all regular full-time employees.



Unlimited 1:1 Coaching:

Financial Wellness is a journey, your coach will see you through it.



FinPath Courses:

Participate in literacy classes led by FinPath instructors.



Financial Health Tools:

Powerful online tools help you budget, reduce debt and more.



FinPath Perks:

Get exclusive discounts for other services that help you thrive.

FinPath coaches know how busy you are during the workday, so they are available nights and weekends, too! They are available via live video chat, email, text and Facebook; any way you need them. They focus on these key areas:

- Emergency savings
- Security and protection
- Debt management
- Budgeting and spending
- Credit scores

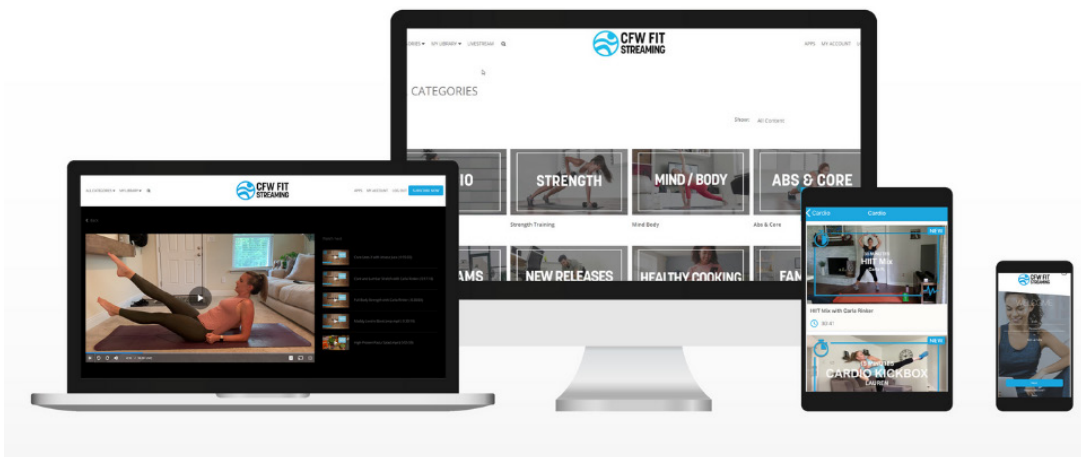


CORPORATE FITNESS WORKS

At the City of Corpus Christi, we are committed to providing a workplace culture and environment that promotes a healthy balance in work, life and personal wellbeing. We are proud to offer a virtual health and fitness benefit with CFW Virtual. CFW enrollment is open year-round to all employees covered on a City health plan.

CFW Virtual is a comprehensive platform that brings the onsite fitness experience straight to your living room, office or anywhere through your mobile device. CFW Virtual connects you with elite, certified health and fitness coaches, motivating challenges, top fitness trainers and thousands of on-demand and livestream workouts that you can do anywhere.

- Enjoy 24/7 access via mobile app, TV streaming device or your computer
- Access 1,000+ on-demand workouts, healthy cooking and lifestyle videos
- Find 20+ Livestream classes per week
- Participate in motivating challenges and have fun while getting fit with co-workers



Health

Tobacco Surcharge

The overall health and well-being of our employees is one of our top priorities. That's why, starting at Open Enrollment in 2023, we want to provide employees an extra incentive for making the healthy choice not to use tobacco and nicotine products.

Effective **October 1, 2023**, a surcharge will go into effect for any employee and/or spouse enrolled in any General Employee City health plan who uses tobacco.

However, if you or your spouse is currently a tobacco user, you can avoid this surcharge by enrolling and completing Blue Cross Blue Shield's tobacco cessation program.

You and/or your spouse will be considered a tobacco user if you have used any of the following within the last three months:

- Any tobacco product, including cigarettes, cigars, chewing tobacco, snuff or pipe tobacco
- Any unregulated nicotine device, such as e-cigarettes or vaporizers, used four or more times per week

Why Wait? Get Started Today

The **Blue Cross Blue Shield Tobacco Cessation Program** gives you the knowledge, tools and motivation you need to quit. You'll create a personalized quit plan, while getting the support you need to kick the habit your way.

Choose between two methods of learning:

- **Coaching via phone or secured messaging:** Unlimited access to a coach throughout a program year. Coaches are available Monday through Friday, between 7 a.m. and 10 p.m. and Saturday between 9 a.m. and 4 p.m. (CT).
- **Digital Self-management Program:** Weekly lessons in an online course that guide you through the process of quitting tobacco permanently.

For more information, or to enroll in the program, call (877) 806-9380 or visit www.bcbstx.com.

More information on this program is coming soon!

Prescription Drug Tools & Resources



Whether you are on your smartphone, laptop or iPad, CVS Caremark can help you manage your prescription benefits with its digital tools. You can:

- Check drug costs, coverage and easily refill prescriptions
- Locate nearby pharmacies

Register today at www.caremark.com/start or download the CVS Caremark mobile app to explore all of the features.

PRESCRIPTION DRUG FORMULARIES

A formulary is a list of cost-effective, outcome-based drugs covered under your prescription drug plan.

- **For medications taken for a short time (like an antibiotic):** Fill at any in-network pharmacy. Simply present your combined medical/pharmacy card to the pharmacist and pay the applicable copay.
- **For medication taken regularly (such as high blood pressure or diabetes medicine):** You will be able to fill maintenance medications up to two times at any retail pharmacy. After the two courtesy fills, you will fill your maintenance medications at any retail CVS Pharmacy or through the mail with CVS Caremark mail service pharmacy. You will be able to obtain a 90-day supply for a two-month copay!
- **For specialty medications taken for complex conditions (such as rheumatoid arthritis, hepatitis or cancer):** Our specialty pharmacy can help. Visit www.CVSspecialty.com.

To access the CVS Caremark list of formularies, go to benefitscc.org/medicalinsurance.

VACCINATIONS

The City has partnered with CVS to provide seasonal vaccines (like the flu vaccine) as well as non-seasonal vaccines (including hepatitis, tetanus, pneumonia and shingles) at no cost to City health plan members! Age guidelines apply. Visit your local CVS for more details. Present your health insurance card and instruct the technician to file the claim through your CVS pharmacy coverage.

Introducing Progyny, your fertility and family building benefit!

New this year, we are excited to offer inclusive fertility and family building benefits through Progyny, a leading fertility benefits solution. Progyny is available to all members covered on a City health plan. Your plan's deductibles and cost-sharing apply and accumulate toward your annual maximums. The Progyny benefit includes comprehensive treatment coverage leveraging the latest technologies and treatments, access to high-quality care through a premier network of fertility specialists, and personalized emotional support and guidance for every path to parenthood from dedicated Patient Care Advocates (PCAs). Starting August 1, 2022, you can contact Progyny at (844) 535-0694 or visit www.progyny.com for more information.



Health

Medical Tools & Resources

Our medical plans not only offer comprehensive care—they connect you with tools and resources to help you meet your well-being goals. From 24/7/365 access to board-certified doctors by phone or online video chat to exclusive member discounts on health products and programs, your plans offer support. The following are highlights of just a few of the many programs available.

BENEFITS VALUE ADVISORS

You have choices when deciding where to go for care. BCBSTX's Benefits Value Advisor program can help you find the doctors, providers and facilities that are right for your needs. Benefits Value Advisors can provide the information you need to choose between cost-effective, in-network providers and facilities.

Need help understanding your benefits or obtaining a prior authorization for medical services? Does your claim explanation of benefits leave your claim questions unexplained? Would you like some help moving your MRI or X-ray appointment to a less expensive provider?

The Benefits Value Advisors are here to help! Call the customer service number on the back of your insurance card, (855) 212-1619.

BCBSTX'S SECURE MEMBER WEBSITE: BAM

BCBSTX's secure member website, Blue Access for Members (BAM) at www.bcbstx.com/member, puts online tools and information at your fingertips 24/7 to help you make educated health care decisions and manage your benefits. When you log on, you can:

- View claims and print your explanation of benefits
- Request a new ID card, or print a temporary one
- **Use the Provider Finder tool** to find an in-network primary care physician, specialist or hospital. It can also estimate the cost of hundreds of procedures, treatments and tests and help estimate your out-of-pocket expenses.
- **Participate in the Well onTarget program**, which offers free resources to help you on your journey to lifelong well-being, including a health assessment, online courses, health trackers and more. It even has a mobile app.
- **Access exclusive discounts** on a wide variety of health services and products through the Blue365® Member Discount Program.

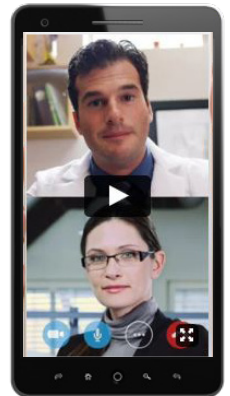
Text BCBSTXAPP to 33633 to get the BCBSTX app that lets you use BAM while you're on the go!

24/7 NURSELINE

The 24/7 Nurseline is staffed by registered nurses who are available 24 hours a day, seven days a week. When a health problem pops up late in the day or in the middle of night, it can be hard to know how serious it is. Should you go to the emergency room? Should you visit an urgent care facility? Or can you wait until you can see your regular doctor? The 24/7 Nurseline can help answer your health questions, day or night, at (800) 581-0368.

MDLIVE VIRTUAL VISITS

With Virtual Visits, you can speak to board-certified MDLIVE® doctors and therapists, 24 hours a day, seven days a week online or using the mobile app. They may help treat non-emergency medical health issues. They may even write and send prescriptions to a nearby pharmacy! Talk to an independently contracted, licensed professional at home, work or many other places. Virtual visits are available to all covered health plan members for only \$10 per visit, even high deductible plan members!



SPECIAL BEGINNINGS® MATERNITY PROGRAM

Having a baby? Help protect your health and your baby's health by signing up for the BCBSTX Special Beginnings® Maternity Program. You can receive the personal attention and information you may need to care for yourself and your baby during pregnancy and up to six weeks after you give birth. Program support available Monday - Friday, 8 a.m. to 6:30 p.m. CT. Call (888) 421-7781 to enroll!

LIVONGO FOR DIABETES AND HYPERTENSION

Managing diabetes and/or hypertension can be difficult—not to mention expensive. The Livongo for Diabetes and Hypertension programs make it easy for you and affected family members to manage your condition and focus on what matters most to you. These programs are available at no cost to employees who are covered under a City medical plan. Features include:

- **Connected meter:** Automatically uploads your blood glucose or blood pressure readings to your secure online account and provides real-time personalized tips.
- **Coaching support:** Communicate with a coach anytime about nutrition or lifestyle changes related to diabetes.
- **Unlimited strips:** When you are about to run out, we ship more supplies, at no cost to you, right to your door.

To enroll, visit join.livongo.com/CORPUS/begin.

Health

Voluntary Benefits

Aflac

These optional plans, available through Aflac, provide per diem amounts for covered events. Depending on the coverage you select, you can also get immediate cash to help pay bills, replace lost paychecks and offset leftover medical expenses. Coverage requires underwriter approval through Aflac. Plan booklets are posted online at benefitssc.org/aflac.

If you have questions, please contact Employee Benefits at (361) 826-3300 (option 2) or EmployeeBenefits@cctexas.com.

AFLAC ACCIDENT ADVANTAGE

Accidents can happen at any time. Even with major medical insurance, there may be out-of-pocket expenses that you'll have to pay. In the event of an unexpected injury, Aflac can help protect your personal finances. Aflac pays cash benefits directly to you and you can use it for anything you want.

	Biweekly Rate
Employee	\$11.09
Employee + Spouse	\$17.68
Employee + Child(ren)	\$20.99
Two-Parent Family	\$27.58

AFLAC GROUP HOSPITAL INDEMNITY

Aflac Choice can help fill the gap left by high deductibles on your medical insurance plan by paying cash benefits directly to you for covered inpatient hospital confinement. Aflac provides you with financial resources to help you overcome some of the unexpected expenses associated with a visit to the hospital, giving you less to worry about so you can focus your energy on getting better. You choose the level that best fits your needs. Your coverage is your choice!

	Biweekly Rate
Employee	\$15.28
Employee + Spouse	\$29.82
Employee + Child(ren)	\$23.51
Two-Parent Family	\$38.05

AFLAC SHORT-TERM DISABILITY

Becoming disabled is often an unexpected and burdensome experience, and it can happen to anyone. The City provides long-term disability (LTD) insurance with an option to buy up to a two- or three-month waiting period and a generous sick leave policy, but if you need additional coverage with a shorter term waiting period, Aflac's short-term disability (STD) policy might meet your needs.





DENTAL COVERAGE

Blue Cross Blue Shield of Texas (BCBSTX)

The City offers two optional dental plans: the Basic Plan and the Expanded Plan. If you or your eligible family members require major dental services, like Class C or D services, you'll want to consider the Expanded Plan. If not, the Basic Plan is probably sufficient. Below is a side-by-side comparison of both dental plan options. For complete coverage details, please refer to the Plan Documents, which can be found online at benefitscc.org/dentalinsurance.

Plan Feature	Basic Plan	Expanded Plan
Annual Deductible for Class B, C and D Services (per person/per family unit)	\$50/\$150	\$50/\$150
Annual Maximum Benefit for Class A, B and C Combined	\$3,000	\$4,500
Class A: Preventive (oral exams, X-rays, cleaning, etc.; limit two per person per plan year)	Plan pays 100% of allowable charge, deductible waived	Plan pays 100% of allowable charge, deductible waived
Class B: Basic (space maintainers, oral surgery, composite fillings, extractions, etc.)	Plan pays 80% of allowable charge	Plan pays 85% of allowable charge
Class C: Major (endodontics, metal/porcelain crowns, inlays/onlays, dentures, etc.)	Plan pays 60% of allowable charge	Plan pays 85% of allowable charge
Class D: Orthodontia (dependent children through age 19)	Plan pays 60% of allowable charge	Plan pays 85% of allowable charge
Orthodontia Lifetime Maximum	\$3,000	\$4,500

BIWEEKLY DENTAL RATES

Coverage	Employee Only	Employee & Spouse	Employee & Child(ren)	Employee & Family
Basic Plan	\$10.36	\$20.72	\$26.93	\$37.28
Expanded Plan	\$18.68	\$37.36	\$48.57	\$67.25



Finding an In-Network Dentist

You will typically pay less when you visit a dentist who is part of the BCBSTX network of providers. To find an in-network provider near you, log into the Blue Access for Members website at www.bcbstx.com as a member.

VISION COVERAGE

VSP

Take care of your eyesight with our optional vision plan administered by VSP. The VSP Advantage Network offers 24,000 doctors and 35,000 access points.

Each doctor in the VSP network provides exam and eyewear services, so there is no need for members to have an exam in one location and then travel to another for their lenses and frames. If you choose to see a non-VSP provider, benefits will be reimbursed according to the plan schedule. For complete coverage details, please refer to the Plan Documents, which can be found online at benefitscc.org/vision.

Plan Feature	In-Network Coverage	Out-of-Network Reimbursement
Annual Eye Exam	\$10 copay	Up to \$45
Lenses (per pair)		
Single Vision	\$25 copay	Up to \$30
Bifocal	\$25 copay	Up to \$50
Trifocal	\$25 copay	Up to \$60
Progressive	\$25 copay (standard progressive)	Up to \$50
Contacts		
Fit and Follow-Up Exams	15% discount, not to exceed \$55	No benefit
Elective	\$130 allowance	Up to \$100
Medically Necessary	Covered in full	Up to \$210
Frames		
Frames	\$130 allowance	Up to \$50
Frequencies (months)		
Exam/Lenses	Every 12 months	Every 12 months
Frames/Contacts	Every 24 months	Every 24 months

BIWEEKLY VISION RATES

Employee Only	Employee + 1 Dependent	Employee + 2 or More Dependents
\$2.40	\$4.37	\$6.68

SUPPLEMENT YOUR COVERAGE

Remember, medical plan members have access to the Blue365 Member Discount Program. You can use it to save money on non-covered health and wellness services to complement your medical, dental and vision coverage. You'll enjoy preferred pricing on a wide range of health services and products, including dental products, eye exams, glasses, contacts and LASIK, to name just a few.

Register at [www.](http://www.blue365deals.com/bcbstx)

[blue365deals.com/bcbstx](http://www.blue365deals.com/bcbstx) to start cashing in on savings!

WEALTH



Texas Municipal Retirement System

TMRS

TMRS is a required retirement plan for all full-time employees. The following is a high-level overview of the plan:

- TMRS contributions are seven percent of your pay.
- The city will match your contributions two-to-one during retirement.
- With TMRS retirement options, you are guaranteed a retirement check for the rest of your life.
- No income taxes are withheld until you retire or separate from the City and request a refund.
- You are vested after five years, which means you may leave your deposits with TMRS to continue to earn interest until you are ready to retire, even if you leave the City. You are eligible to retire if you have five years of service and are age 60 or over. However, if you have 20 years of service, you are eligible to retire at any age.

You can track your TMRS balance, view or change beneficiaries, update your address or phone number and more at www.tmr.com.

457 Deferred Compensation Plan

MissionSquare

The City offers a 457 deferred compensation plan that can provide additional savings for retirement.

- With the 457 plan, funds are deducted pre-tax and interest accumulates tax deferred. Withdrawals are subject to income tax.
- With the Roth IRA option, funds are contributed after tax and interest accumulates tax free. The advantage to the Roth option is that all withdrawals made after age 59 ½ are not subject to income tax.
- With both the 457 Plan and Roth options, your contributions will be invested in the funds that you select and the value of your account will fluctuate based on fund performance.

You may set up, stop or make changes to your contribution amount at any time, not only during Open Enrollment. You can make withdrawals from your account when you leave employment, as well as during employment, subject to the City's rules and IRS rules. Loan options may also be available.

For more information, log on to www.missionsq.org or contact your Employee Benefits team at (361) 826-3300 (option 2) or EmployeeBenefits@cctexas.com.

Flexible Spending Accounts (FSA)

Optum

Flexible spending accounts (FSAs) allow you to pay for eligible health and/or dependent care expenses on a pre-tax basis, meaning your FSA contributions are deducted from your pay before your federal and Social Security taxes are calculated. The result is that your taxable income is reduced and you get to keep a greater portion of your paycheck. You have the option of participating in a health care FSA or a dependent care FSA. **You must enroll in an FSA each year to participate, even if you were enrolled the prior year.**

Health Care FSA

Eligible Expenses	Qualified medical, dental and vision expenses not covered by insurance, including deductibles, copays and coinsurance
Maximum Annual Contribution*	\$2,850

Dependent Care FSA

Eligible Expenses	Qualified dependent care, such as child care, preschool, before- or after-school programs, summer day camp or care for an elderly parent
Maximum Annual Contribution*	\$5,000 (or \$2,500 if married and filing separately)

*Minimum election for either FSA is \$260 annually.

For a complete list of qualified health care expenses, visit www.irs.gov/pub/irs-pdf/p502.pdf. For a complete list of dependent care expenses, visit www.irs.gov/pub/irs-pdf/p503.pdf.

Please note:

- **You cannot enroll in the FSA if you are enrolled in the health savings account (HSA).**
- As an employee, you are eligible to participate in an FSA even if you do not enroll in the City's medical insurance plans.
- Money can only be used to pay for qualified expenses incurred during the plan year (October 1, 2022, through September 30, 2023).
- The IRS requires that any unused funds in your FSA at the end of the plan year be forfeited, so be sure to carefully estimate your needs. You can always check your balance online at www.optumbank.com.

Wealth

Health Savings Accounts (HSA)

Optum Bank

The Citicare CDHP offers comprehensive health care coverage at a lower premium and higher deductible than traditional health care plans. The plan also features a health savings account (HSA) that enables you to pay for current, qualified health care expenses and save for future expenses on a tax-free basis*. You have the opportunity to set aside funds in your HSA before taxes through convenient payroll deductions (see "How Your HSA Is Funded").

HOW THE CDHP WORKS

The CDHP, along with your HSA, puts health care spending in your hands. With lower premiums to pay for coverage, you choose how to spend your health care dollars. You can either pay for eligible services by using funds in your HSA, or you can pay for them out of your own pocket. You can only use HSA funds as they are deposited in your account. You can always reimburse yourself later once you have accumulated funds in your account. You cannot fund both an HSA and a health care FSA in the same year.

HOW YOUR HSA IS FUNDED

Your Contributions

There are two ways to contribute money to your HSA:

- **Pre-tax contributions** through payroll deductions
- **After-tax cash contributions** that are deductible when you file your taxes

City Contributions

The City will contribute, per fiscal year, \$1,300 for individual coverage or \$2,600 for individuals with dependent(s). New hires will receive \$50 or \$100 per pay period for the remaining pay periods in the fiscal year. Note: Even if you choose not to contribute to your HSA, you must fill out the application in order to receive the City's contribution.

Total Annual Contribution Limit

It is important to note that your contributions, combined with the City's contributions, may not exceed the IRS annual maximum of \$3,850 for individual coverage and \$7,750 for family coverage this fiscal year. Individuals 55 and older may make additional "catch-up" contributions

up to \$1,000 each year.

IRS INFORMATION

Participation in an HSA carries with it the IRS requirement to include a completed Form 8889 with your annual tax return. More information is available at www.irs.gov/forms-pubs/about-form-8889. If you participate in an HSA, you cannot participate in a flexible spending account (FSA).

Advantages of an HSA

Triple-Tax Advantage

- You contribute pre-tax funds through payroll deductions, meaning the money comes out of your paycheck before federal income tax is calculated. This, in turn, reduces the amount of taxable income, so less tax is withheld from your paycheck.
- Funds grow tax free, and unused funds carry over year to year.
- You can withdraw funds tax free to pay for qualified health care expenses now and in the future—even in retirement.

Control

You own and control the money in your HSA. You decide how or if you want to spend it. You can use it to pay for doctor's visits, prescriptions, braces, glasses—even laser vision correction surgery.

Investment Opportunities

Once you reach and maintain a minimum balance, you can make investments to help your money grow tax free.

Savings Potential

There is no "use it or lose it" rule. Your account grows over time as you continue to carry over unused dollars from year to year.

Portability

Your HSA is yours for life. The money is yours to spend or save, regardless of whether you change health plans,* retire or separate from the City.

*Per IRS rules, you must be enrolled in a qualified high-deductible health plan to contribute to an HSA. Contributions may be made only for eligible individuals. If you are covered under a PPO plan, Medicare, Tricare or any non-high deductible health plan, or if you can be claimed as a dependent on anyone's tax return, you are ineligible for an HSA. Per IRS rules, you must notify the City within 30 days of becoming ineligible.

Examples of Eligible vs. Ineligible Expenses

It's important to only use your HSA or FSA card for eligible expenses. If you use HSA or FSA funds for an ineligible expense, the IRS may assess a 20 percent penalty. For a complete list of qualified expenses, refer to IRS Publication 502, available online at www.irs.gov/pub/irs-pdf/p502.pdf. Optum Bank provides an easy-to-use Qualified Medical Expense tool at <https://www.optumbank.com/resources/medical-expenses.html>.



Eligible Expenses

- Deductibles
- Copays
- Coinsurance
- Prescription medications
- Dental and vision care
- Medical supplies

Ineligible Expenses

- Health club dues
- Premiums
- Teeth whitening
- Dental veneers
- Cosmetic prescriptions
- Surgery for purely cosmetic reasons

Wealth

Life Insurance

Dearborn

Life insurance offers peace of mind when it comes to making sure your loved ones are financially secure for the future. The City provides every full-time employee with basic life at no cost to you. You also have the option of purchasing additional life insurance for yourself, your spouse and your children. Coverage certificates and other information are posted on our website at benefitscc.org/lifeinsurance.

BASIC LIFE AND AD&D COVERAGE

The City provides every full-time employee with a basic life and accidental death & dismemberment (AD&D) benefit of one times their annual salary up to \$50,000 at no cost to them. Executives and directors receive a benefit of one times their annual salary up to \$100,000.

SUPPLEMENTAL LIFE COVERAGE

You also have the opportunity to purchase supplemental life insurance for yourself. Coverage is your annual salary, rounded to the next thousand, not exceeding \$100,000. Coverage and rates are recomputed at every salary change. Coverage is reduced after age 65.

OPTIONAL LIFE COVERAGE

You also have the opportunity to purchase optional life insurance for yourself. This life insurance coverage ranges from a minimum of \$25,000 to a maximum of \$300,000, increasing in increments of \$25,000. Rates are determined annually and are based on age. Reduced coverage is applied for active employees over the age of 65.

DEPENDENT LIFE COVERAGE

You also have the opportunity to purchase dependent life insurance for your spouse and your children:

- Dependent life for a **spouse** may be purchased at either the \$25,000 or \$50,000 level. Rates are determined annually and are based upon the employee's age.
- Dependent life for **children** up to age 26 may be purchased at the \$5,000 or \$10,000 level.
- Please see page 3 of this guide for dependent eligibility verification instructions.

Please note:

- You must be enrolled in supplemental and optional life to enroll in dependent life.
- Dependent coverage may not exceed 100 percent of optional life coverage.
- A member may not be insured as both a member and a dependent.
- A child may not be insured by more than one member.
- If you are a current employee enrolling in new coverage or increasing existing coverage for yourself or your spouse, you will need to complete an EOI questionnaire. Coverage is based upon underwriter approval, and will not be effective until approval is received.
- Life insurance claims for dependents will require a death certificate along with verification of the relationship.

Long-Term Disability Coverage

Madison National Life

When a covered disability keeps you out of work, long-term disability (LTD) insurance helps keep your finances protected. The plan pays a portion of your income while you recover. Your benefits continue for the policy's benefit period or until you are no longer disabled, whichever comes first, helping provide you and your loved ones security when you need it most.

The City provides every full-time employee with a long-term disability benefit of 50 percent of your salary up to \$3,000 per month at no cost to you. For a small additional cost, you can purchase coverage that has a \$5,000 maximum benefit and a shorter waiting period before disability payments begin. Coverage certificates are posted on our website at benefitscc.org/disability.

LTD Coverage Options			
	City Pays	Benefit	Elimination Period
Plan 1	100%	50% to \$3,000 per month	180 days (6 months)
Plan 2 (Buy Up)	40%	66 ^{2/3} % up to \$5,000 per month	90 days
Plan 3 (Buy Up)	30%	66 ^{2/3} % up to \$5,000 per month	60 days

EOI is not required as a new hire, but it is required at annual enrollment or with a qualifying life event when you upgrade to a higher plan.

PERKS



City Employee Fitness Center

The City of Corpus Christi

All employees have access to the City Employee Fitness Center at no charge. In addition to state-of-the-art fitness equipment, it offers great views. Locker rooms are also available for those who utilize the gym.

The gym is located on the sixth floor of City Hall and is open Monday through Friday, 6 a.m. to 8 p.m. CT. To add access to your employee badge, please complete and submit the access request form to EmployeeBenefits@ccctexas.com.

Employee Extras

Beneplace

Through Beneplace, the City of Corpus Christi offers you exclusive discounts on products and services ranging from computers and electronics to fitness equipment and auto/home insurance—all in an easy-to-use website!

Visit www.beneplace.com/cocc, log in with your company email and start saving!

Time Off

The City of Corpus Christi

Highlights of our vacation, sick leave, personal leave and holiday benefits are below. New hires must complete a six-month probationary period before vacation leave can be used.

Vacation Accrual Schedule		
Years of Service	Hours Per Year	Biweekly Accrual
Less than 6 Years of Service	88 hours	3.38
Beginning the 6 th Year	104 hours	4.00
Beginning the 11 th Year	120 hours	4.62
Beginning the 16 th Year	144 hours	5.54
Beginning the 21 st Year	168 hours	6.46
Beginning the 26 th Year	200 hours	7.69
Beginning the 31 st Year	240 hours	9.23

- **Sick leave:** 96 hours per year (biweekly: 3.69 hours)
- **Personal leave:** Dependent on hire date
- **Holidays:** 10 days per year

Well onTarget®

Earn Blue Points you can cash in on exciting merchandise in the online catalog, including everything from baby seats/strollers to fitness equipment to designer purses. You can earn points for up to \$599 per year in merchandise.

Ways to earn points include:

- 2,500 Points for completing the Health Assessment
- Connect a fitness device or mobile app and earn 2.675 points, then earn 55 points per day for keeping it connected
- Complete all of the lessons in any one of the self-management programs to earn 1,000 points
- Enroll in the BCBS Fitness Program and earn 2,500 points

BluePoints are only available to employees and spouses insured on the City's health plans. Log in through bcbstx.com and navigate to the Wellness tab. Click on [Well onTarget®](#)

Employee Health and Wellness Clinic

The City offers all regular full time employees an Employee Health & Wellness Clinic conveniently located on the first floor of City Hall by the main entrance. Employees and their dependents not insured on a City health plan can access the Clinic by contacting the Benefits department for an eligibility verification form. There is a \$20 fee, plus \$15 if labs are required. The fee is waived for members insured on the Citicare Value plan.

The Clinic's nurse practitioners can diagnose and treat common illnesses such as allergies, ear infections and strep throat. You can even utilize the Clinic as your primary health care provider to manage chronic conditions like diabetes, hypertension and high cholesterol.

The clinic is open Monday through Friday from 8 a.m. to 5 p.m. Appointments are required. Call (361) 826-3333 to schedule an appointment.

Family Counseling Service

Our Employee Assistance Program, provided by Family Counseling Service, is available to all employees, their spouses and their dependent children. The City pays for up to three confidential counseling visits per family per fiscal year, for issues related to work, relationships, abuse, depression/anxiety, grief/loss and alcohol/drug dependency.



To schedule an appointment, call (361) 852-9665, Option 3, or email appointments@fcsccb.org.

Important Notices

Complete health plan notices required under DOL, PPACA, COBRA and HIPAA are posted online at benefitscc.org/legalnotices. You can request printed copies through the City of Corpus Christi Health Benefits Department, located at 1201 Leopard St., 2nd Floor, (361) 826-3300 (option 2).

- **Plan Documents – Summary Plan Documents (SPD) and Summary of Benefits Coverage (SBC):** The SPD documents explain the health plan's benefits and claim review procedures, and the SBC documents provide a summary that describes the benefits and coverage provided by the plan.
- **Children's Health Insurance Program (CHIP) Model Notice and Premium Assistance under Medicaid:** There are state insurance programs available that can help pay for coverage. This notice explains how to apply for these programs.
- **Health Savings Account Notice to Employees:** Explains your federal tax responsibilities surrounding health savings accounts (HSAs) and how to enroll in an HSA if you are enrolled in an eligible health plan.
- **Notice of Special Enrollment Rights (HIPAA):** If you experience a qualifying life event, you might be eligible to make a mid-year change within 30 days of the event.
- **Wellness Program Disclosure:** The City sponsors wellness programs and some groups can earn premium discounts. This notice explains your rights.
- **General Notice of COBRA Continuation Coverage Rights:** This notice explains COBRA continuation coverage, when it may become available to you and your family and what you need to do to protect your right to get it.
- **Women's Health and Cancer Rights Act (WHCRA):** Health plan participants have the right to breast reconstruction post-mastectomy.
- **Newborns' and Mothers' Health Protection Act:** Explains participants' legal rights surrounding the length of hospitalization following childbirth.
- **Genetic Information Nondiscrimination Act (GINA):** Describes your rights surrounding your genetic information.
- **Important Notice About Your Prescription Drug Coverage and Medicare:** Our group health plans' drug coverage is Medicare creditable (actuarially equivalent to coverage available under the standard Medicare Part D).
- **The Health Insurance Marketplace:** This notice provides contact information for the Affordable Care Act Health Insurance Exchanges.
- **HIPAA Notice of Privacy Practices:** Describes your privacy rights.
- **Grievance Procedure:** Explains how to file a grievance under section 1557 of the Affordable Care Act.
- **Notice Concerning Non-Discrimination-Section 1557:** If you need translation services or information to be provided in other formats, this notice tells you whom to contact.

Benefits Contact Directory

Topic	Contact	Phone & Email	Website
General Benefits and/or Enrollment	City of Corpus Christi Benefits Team	(361) 826-3300 (option 2) EmployeeBenefits@ccctexas.com	benefitscc.org
Wellness Program	Wellness Coordinator	(361) 826-3325 Wellness@ccctexas.com	benefitscc.org/wellness
Medical Coverage	Blue Cross Blue Shield of Texas	Customer Service: (855) 212-1619 Special Beginnings Maternity Program: (888) 421-7781 Tobacco Cessation: (877) 806-9380	www.bcbstx.com Blue Choice PPO (BCA) Network
Prescription Drug Coverage	CVS Caremark	(800) 776-1355	www.caremark.com
Health Savings Account (HSA)	Optum Bank	(866) 234-8913	www.optumbank.com
Virtual Visits	MDLIVE	(888) 680-8646	www.MDLIVE.com/bcbstx
Fertility Benefit	Progyny	(844) 535-0694	www.progyny.com
Dental Coverage	Blue Cross Blue Shield of Texas	(877) 442-4207	www.bcbstx.com
Vision Coverage	VSP (with VSP Advantage Network)	(800) 877-7195	www.vsp.com
Voluntary Benefits	Aflac Julie Kellogg	(361) 443-7560 julie_kellogg@us.aflac.com	www.aflac.com
Life and Disability Insurance	City of Corpus Christi Benefits Team	(361) 826-3300	benefitscc.org/life
Flexible Spending Accounts (FSAs)	Optum Bank	(800) 243-5543	www.optumbank.com
Texas Municipal Retirement System (TMRS)	TMRS	(800) 924-8677	www.tmrs.com
457 Deferred Compensation Plan	MissionSquare Sandra Aguilar	(202) 246-4757 saguilar@missionsq.org	www.missionsq.org
City Employee Health & Wellness Clinic	Concentra	(361) 826-3333	benefitscc.org/clinic
Employee Assistance Program (EAP)	Family Counseling Service	(361) 852-9665, Option 3 appointments@fcscb.org	www.fcscb.org
Employee Discounts	City of Corpus Christi Extras via Beneplace	(800) 683-2886	www.beneplace.com/cocc

This brochure is only intended to provide a brief overview of our benefits program. Items and coverage may change. All trademarks, sales marks, company names and logos are the property of their respective owners. If you need more detailed information or would like a summary plan description, log on to **benefitscc.org** or contact Human Resources - Benefits at the City of Corpus Christi. In all cases, any discrepancy between this document and the Plan Document, the Plan Document will govern. This is not a promise or guarantee of insurance coverage. Dollar amounts presented are for illustrative purposes only. No part of this document is intended to be financial, tax or legal advice.

City of Corpus Christi
EMPLOYEE
Benefits & Wellness

