



Employee Health & Wellness Clinic

The City Employee Health & Wellness Clinic offers affordable, quality care for all regular full-time employees, their spouses, and eligible dependents. The services offered are listed below. There is no charge if you're enrolled in the Citicare Value plan. There is a \$20 fee, plus \$15 fee for any required lab work per visit for Citicare Consumer-Driven Health Plan members (high-deductible plan) and individuals not insured on a City medical plan.

Prevention & wellness

Vaccines

- Flu shots

Physicals & wellness

- Annual check up*
- Well-woman exam
- Camp & sports physicals

Monitoring & management

Ongoing health conditions*

- Acid reflux & indigestions
- Asthma
- Cardiovascular conditions
- Chronic bronchitis
- Diabetes
- Emphysema
- High blood pressure
- High cholesterol
- Minor depression
- Osteoarthritis
- Osteoporosis
- Thyroid disorders
- Uncomplicated behavioral conditions

Medications & treatments

- Breathing treatments with nebulizer
- EpiPen refills
- Injection services

Treatment

Illnesses, aches, & pains

- Allergies (seasonal)
- Bladder & urinary tract infections
- Bronchitis
- Cold, cough & flu
- Diarrhea, nausea & vomiting
- Ear ache & ear infections
- Ear wax removal
- Fever
- Headaches & migraines
- Joint pain
- Laryngitis
- Lyme disease (early)
- Minor back pain
- Mononucleosis (mono)
- Pink eye & styes
- Sinus infections
- Sore throat & strep throat
- Swimmer's ear
- Upper respiratory infections

Minor injuries

- Burns (minor)
- Eye abrasions
- Foreign body removal from eye & ear (limited)
- Minor cut & wound closure with skin adhesive
- Splinter removal
- Sprains & strains

Skin conditions

- Acne
- Athlete's foot
- Chicken pox
- Eczema
- Head lice & scabies
- Hives

City Employee Health & Wellness Clinic

1201 Leopard Street
City Hall – 1st Floor
Corpus Christi, TX 78401
Phone: 361-826-3333

Clinic Hours:
Monday – Friday
8:00 AM – 5:00 PM

* Patient ages 17+ only
Patients aged 2+ eligible for all services not marked with an asterisk

Call 361-826-3333 to schedule an appointment. If you are not enrolled in a City medical plan, you must contact Wellness@cctexas.com for an eligibility verification form to get access to the clinic.