



Employee Health & Wellness Clinic

The City Employee Health & Wellness Clinic offers affordable, quality care for all employees. The services offered are listed below. There is no charge if you are enrolled in the Citicare Value plan. There is a \$20 fee, plus \$15 fee for any required lab work per visit for Citicare Consumer-Driven Health Plan members (high-deductible plan) and individuals not insured on a City medical plan.

Primary Care

- Chronic disease management (ex. diabetes, high blood pressure, high cholesterol, and obesity)
- Routine annual wellness exams and screenings
- Well-woman exams
- Referrals to specialists
- Prescription medications

Acute Episodic Care

- Common illnesses
- Upper respiratory infections
- Headaches, colds and sore throats
- Sprains, strains and lacerations
- Gastrointestinal complaints
- Rashes
- Urinary tract infections
- Sexually transmitted diseases
- Minor procedures (ex. incision and drainage, ingrown nail removal and skin tag removal)

Preventative Care

- Lifestyle medicine
- Care coordination
- Lab draws
- Immunizations

Additional Information

- Conveniently located at City Hall
- Open Monday - Friday, 7:00 AM - 5:00 PM
- Phone: 361-826-3333
- Appointments and walk-ins welcome
- Spouses and dependent children ages 2+ are eligible for clinic services
- Contact Wellness@cctexas.com for a voucher if not covered on a City medical plan

Call 361-826-3333 to schedule an appointment. If you are not enrolled in a City medical plan, please contact Wellness@cctexas.com for a voucher prior to making an appointment.

If you have any questions regarding your Employee Health & Wellness Clinic benefit, please contact Kathleen Flowers-Madrigal, Wellness Coordinator, at 361-826-3325 or Wellness@cctexas.com.