

Earning your wellness incentive is as easy as:

1. Get an **annual wellness exam**
2. Take the **online Health assessment**
3. Complete **three wellness buckets\***

**Financial Literacy Month Coaching Challenge**

April is Financial Literacy Month! Meet with a FinPath financial coach for help with budgeting and savings, paying down debt, improving your credit, milestone planning, and more. Participate in 2+ sessions and automatically be entered in a \$25 gift card drawing! There will be two drawing winners and the employee with the most coaching sessions will receive a \$50 gift card. Schedule your coaching session now at [finpathwellness.com/coaching](http://finpathwellness.com/coaching).

**Teladoc Health Diabetes and Hypertension Management Webinar**

Join us on April 22<sup>nd</sup> for a webinar about Teladoc Health’s diabetes and hypertension management services, available to you at no cost through the City medical plan. Topics will include the importance of effectively managing diabetes and hypertension, key features of the Teladoc Health program, and the personalized support participants can expect. We’ll also walk through eligibility requirements and how to get started. Register now using the QR code below.

**Employee Extras Discount Program**

Take advantage of Employee Extras, our discount program with Beneplace! Using this perk, you can get exclusive savings on travel, movies, hotels, shows, concerts, theme parks, sporting events, shopping, and more. Beneplace recently added discounted gift card offerings—save up to 20% on top brand gift cards. Several local shopping and dining options are available! It’s smart savings that help offset the rising cost of everyday living. Visit [benefitscc.org/employee-extras](http://benefitscc.org/employee-extras) to access the registration link.

**Wellable March Gift Card Drawing Winners**

**\$50 Gift Card Winner**

Trenton Haire—Parks & Recreation Department

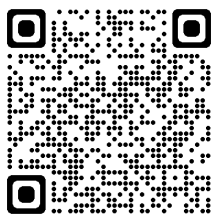
**\$25 Gift Card Winners**

- Jose Robledo—General Services Department
- Leslie Knight —Street Department
- Michael Garcia —Engineering Department
- Shreyash Mistry —IT Department
- Tiffany Seelig —Animal Care Services Department

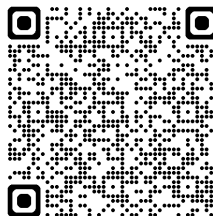
**There is a new opportunity to win every month!** Take advantage of this perk and more on the Wellable platform.



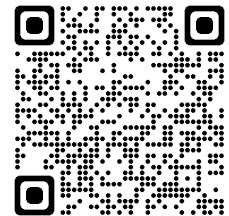
**Employee Wellness Platform**



**Teladoc Health Webinar**



**Upcoming Qualifying Activities**



If you have any questions, please contact Kathleen Flowers-Madrigal, Wellness Coordinator, at (361) 826-3325 or [Wellness@corpuschristitx.gov](mailto:Wellness@corpuschristitx.gov). As a reminder, the Wellness Incentive can benefit your overall health and help you earn a **\$520 health insurance premium discount** per benefits year!

\*New employees hired mid-year have pro-rated bucket requirements.