


Earning your wellness incentive is as easy as:

1. Get an **annual wellness exam**
2. Take the **online health assessment**
3. Complete **three wellness buckets\***

**Don't Miss Out on the Wellness Incentive!**

Do you still need to complete the wellness incentive requirements? The deadline is approaching soon, but it's not too late to earn the discount! The online health assessment and any missing wellness bucket activities can be completed on Wellable! In the Wellable Events tab, you can sign up for upcoming webinars or scroll back through the previous two months for options that can be completed at your convenience. All webinars with the  graphic qualify for bucket credit. For additional guidance and tips, visit [benefitscc.org/wellness-incentive](https://benefitscc.org/wellness-incentive).

**HUSK Nutrition Healthy on the Go Webinar**

Join Registered Dietitian, Devon Forbes, on June 25<sup>th</sup> for the Healthy on the Go webinar! Participants will learn healthy tips and discover ways to stay on track during their busy work week and while on the go! Register now using the QR code below.

**Employee Wellness Program Survey**

Help us improve our Wellness Program! All feedback is appreciated. Employees who complete the survey by June 12<sup>th</sup> will receive a Wellable verification code to enter for **wellness bucket credit** and 300 points towards the monthly gift card drawing.\*\*



**Wellable May Gift Card Drawing Winners**

**\$50 Gift Card Winner**

Ziba Abbasian—IT Department

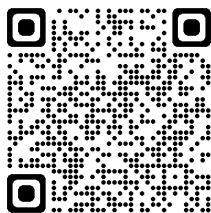
**\$25 Gift Card Winners**

- Christina Vuittonet—Police Department
- Jennifer Gonzalez —Finance Department
- Latvia Forney —Library Department
- Stephanie Smith —Utilities Department
- Tony Almendarez —Public Works Department

**There is a new opportunity to win every month!** Take advantage of this perk and more on the Wellable platform.



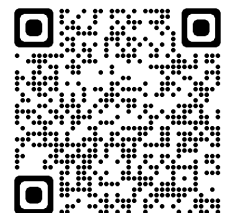
**Employee Wellness Platform**



**Healthy on the Go Webinar**



**Upcoming Qualifying Activities**



If you have any questions, please contact Kathleen Flowers-Madriral, Wellness Coordinator, at (361) 826-3325 or [Wellness@corpuschristitx.gov](mailto:Wellness@corpuschristitx.gov). As a reminder, the Wellness Incentive can benefit your overall health and help you earn a **\$520 health insurance premium discount** per benefits year!

\*New employees hired mid-year have pro-rated bucket requirements.

\*\*All surveys are submitted anonymously. To receive wellness bucket credit, you must enter the verification code provided post-survey on your Wellable account.