



CITY OF CORPUS CHRISTI
**HUMAN
RESOURCES**
EMPLOYEE BENEFITS
& WELLNESS

August 2026 Wellness Program Newsletter

Earning your wellness incentive is as easy as:

1. Get an **annual wellness exam**
2. Take the **online Health assessment**
3. Complete **three wellness buckets***

BCBS Fitness Program Enrollment Discount

Employees on a City medical plan are eligible to enroll in the BCBS Fitness Program. It offers flexible options and access to a nationwide network of fitness locations. Members can use participating locations while traveling, at home, or near work, as well as other perks. This month, get the enrollment fee waived using the promo code **AUG26FP** at checkout. Visit benefitscc.org/gym-discounts for registration instructions and info about other gym discount opportunities.

Wellable Hack Your Habits Webinar

Discover the science behind habit formation and learn how to break free from unhelpful patterns! This webinar on August 21st identifies unhealthy behaviors and shares creative ways to replace them with healthier ones. Participants will leave with actionable strategies to build lasting routines and sustain positive changes over time. It qualifies for wellness bucket credit and 500 points towards the monthly gift card drawing. Register now on the Wellable platform!

Important Open Enrollment Info

Open Enrollment begins August 17th! This is your opportunity to review your benefits, make changes for the upcoming plan year, and confirm that your beneficiary info is correct. Employees can expect to see some exciting changes such as updates to voluntary plan offerings and an enhancement to the City's health and wellness benefit. Make sure that you're in the loop! Scan the QR code below to access the FY2027 benefits guides, schedule for the benefits education sessions, recordings of a virtual session for all benefit plans, and more!

Wellable July Gift Card Drawing Winners

\$50 Gift Card Winner

Caryl Bologa — Public Health Department

\$25 Gift Card Winners

Denise Crabb — Parks & Recreation Department

Monica Ramirez — Utilities Department

Shreyash Mistry — IT Department

Travis Ward — Fire Department

Magdalena Alaniz — General Services Department

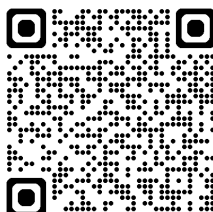
There is a new opportunity to win every month! Take advantage of this perk and more on the Wellable platform.

Wellable

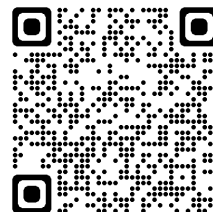
Employee Wellness Platform



Open Enrollment Info



Upcoming Qualifying Activities



If you have any questions, please contact Kathleen Flowers-Madrigal, Wellness Coordinator, at (361) 826-3325 or Wellness@corpuschristitx.gov. As a reminder, the Wellness Incentive can benefit your overall health and help you earn a **\$520 health insurance premium discount** per benefits year!

*New employees hired mid-year have pro-rated bucket requirements.